



Neighborhood House 674-1131

April 2018

(Meals are Subject to Change)



	Mon	Tue	Wed	Thu	Fri	
<p>Meal Components</p> <ul style="list-style-type: none"> • 3 oz. serving meat /protein • 1 1/2 cups vegetable and/or fruit • 2 servings grain • 8oz low fat milk <p>Guests/Private Pay \$5.00</p> <p>Recommended Donation for Home Delivery & Congregate Programs \$3.00</p> <p>Register and attend a meal site for food, fun, socialization, and chances to win great prizes!</p>	<p>2 Chicken tacos Black beans Pineapple Salsa Tortilla</p>	<p>3 BBQ Pork riblet Green beans Peaches Peas / Carrots Bun</p>	<p>4 Scrambled eggs Tater tots Spinach Applesauce Biscuit</p>	<p>5 Lasagna Meat sauce Brussel sprouts Tropical fruit Garlic bread</p>	<p>6 Italian pasta salad Ham Black olives Red peppers Bananas</p>	<p>For Congregate Reservations</p> <p>Tremont 925-5929</p> <p>Hopedale 449-6034</p> <p>Pekin 346-5237</p> <p>Washington 694-6077</p> <p>Chillicothe 274-4209</p> <p>Princeville 385-1916</p> <p>Peoria city meal sites (open to public)</p> <p>Call 674-2071</p> <p>St. Sharbel's Hall Sterling Towers Southside Manor Heartland Apt.</p>
	<p>9 Beef and noodles Mashed potatoes Green beans Peaches</p>	<p>10 Cheese Tortellini Marinara Broccoli Mandarin oranges Garlic bread</p>	<p>11 Cheese omelet Potato pancake Banana Applesauce Raisin bread</p>	<p>12 Sloppy Joe Fries Baked beans Potato salad Bun</p>	<p>13 Chef salad Ham / turkey / cheese Ranch Cold peas Cinnamon apples</p>	
	<p>16 Herbed chicken Roasted potatoes Brussel sprouts Pears Bread</p>	<p>17 Egg patty with cheese Hash browns Applesauce Fresh spinach English muffin</p>	<p>18 Hot dogs Baked beans Broccoli Oranges Bun</p>	<p>19 Sweet and sour Pork Rice Green beans Pineapple</p>	<p>20 Tuna salad 3 Bean salad Pea salad Tropical fruit Bun</p>	
	<p>23 Pulled pork Baked beans Mustard slaw Apples Bun</p>	<p>24 Chicken and Noodles Mashed potatoes Carrots Orange</p>	<p>25 Polish sausage Sauerkraut German potato salad Applesauce Bun</p>	<p>26 Cheeseburgers 3 bean salad Beets Pears Bun</p>	<p>27 Ham and cheese sandwich Lettuce Carrots Peaches Bread</p>	
	<p>30 Chicken tenders Lima beans Carrots Pineapple Bread</p>					