



Neighborhood House 674-1131

August

2017

(Meals are Subject to Change)



	Mon	Tue	Wed	Thu	Fri	Meal sites
Meal Components <ul style="list-style-type: none"> • 3 oz. serving meat /protein • 1 1/2 cups vegetable and/or fruit • 2 servings grain • 8oz low fat milk Guests/Private Pay \$5.00 <u>Recommended Donation for Home Delivery & Congregate Programs \$3.00</u>		1 Hot Dog Baked Beans Mixed Veg Apple Sauce Bun	2 Chicken Marinara Brown Rice Carrots Lima beans Oranges	3 Sloppy Joe Potato wedges Butter Beans Peaches Bun	4 Turkey Sandwich Pea salad Mixed Fruit Cole Slaw Wheat Bread	Tremont 925-5929 Hopedale 449-6034
	7 Polish sausage Sauerkraut Mashed Pears Bread	8 Scrambled eggs Tator tots Banana Tropical fruit Raisin bread	9 Salisbury steak Mashed potatoes Corn Green beans Bread	10 Roast turkey Sweet potato Lima Bean Apple Sauce Bread	11 Spinach salad Chicken Oranges Pears Biscuit	Pekin 346-5327 Washington 694-6077
	14 Sweet-n-sour meatball Rice Green Bean Mandarin oranges Carrots	15 Chicken and noodles Peas and carrots Apple	16 Sausage Hash brown Warm applesauce Banana Raisin Bread	17 Pasta salad Ham Peas Carrots Italian Navy Beans	18 Chicken salad 3 Bean salad Peaches Lettuce Biscuit	Glasford 389-5005 Chillicothe 274-4209
	21 Biscuits with gravy Breakfast potatoes Sausage Peaches Banana	22 Fish sandwich Baked Beans Brussel Sprouts Mixed Fruit Bun	23 Chicken Taco Corn Black Bean Salsa Soft Shell	24 Tortellini w/ meat sauce Beets Green beans Pears	25 Ham/cheese sandwich Kidney bean salad Potato salad Pineapple	Princeville 385-1916 <u>Peoria city meal sites</u> (open to public) Call 674-2071
	28 Moroccan Chicken w/raisin Bread Roasted potatoes Green beans Apricots	29 Italian Meatball sub Broccoli Stewed Tomatoes Potato Salad Bun	30 Teriyaki Chicken Rice Peas Carrots Mandarin Oranges	30 BBQ Pork Riblet Mixed Vegetables Corn Peaches Bun		St. Sharbel's Hall Sterling Towers Southside Manor Heartland Apt.