

SEPTEMBER 2024

(Meals are subject to change)

	Mon	Tue	Wed	Thu	Fri	
<p>Milk is Included in all meals</p> <p>Meal Components</p> <ul style="list-style-type: none"> • 3 oz. serving meat /protein • 1 1/2 cups vegetable and/or fruit • 2 servings grain • 8oz low fat milk <p>Guests/Private Pay \$8.00</p> <p>Recommended Donation for Home Delivery & Congregate Programs \$5.00</p>	<p>2</p> <p>CLOSED LABOR DAY</p>	<p>3</p> <p>Lemon Chicken Green Beans Cauliflower WG Roll Apple</p>	<p>4</p> <p>Hot Dog Baked Beans Carrots WG Bun Peaches</p>	<p>5</p> <p>Omelet French Toast Stewed Tomatoes Broccoli Applesauce</p>	<p>6</p> <p>Fish Sandwich Peas Corn WG Bun Banana</p>	<p>Tremont</p> <p>Hopedale</p> <p>Leisure Acres</p>
	<p>9</p> <p>Pulled Pork Broccoli Carrots WG Bun Orange</p>	<p>10</p> <p>Chicken Parmesan Cauliflower Broccoli WG Roll Pineapple</p>	<p>11</p> <p>Sloppy Joe Green Beans Beets WG Bun Pears</p>	<p>12</p> <p>Chicken Nuggets Mixed Vegetables Lima Beans Peaches</p>	<p>13</p> <p>Beef Tenderloin Brussel Sprouts Carrots WG Bun Banana</p>	<p>**** Cold Meal will be delivered On Fri. 8/30</p> <p>Fresh Spinach</p> <p>Diced Chicken</p> <p>Shredded Cheese</p> <p>Diced Tomatoes</p> <p>Onions/ Craisins</p> <p>WG Roll</p> <p>Mandarin Oranges</p>
	<p>16</p> <p>Pork Riblet Sweet Potatoes Green Beans WG Bun Apple</p>	<p>17</p> <p>Chicken Taco Lettuce/Tomato/Cheese Black Beans Corn WG Tortilla Tropical Fruit</p>	<p>18</p> <p>B.B. Q. Meatballs Broccoli Carrots WG Bun Peaches</p>	<p>19</p> <p>Sausage Patty WG English Muffin Stewed Tomatoes Peas Mandarin oranges</p>	<p>20</p> <p>Chicken Tenders WG Waffle Mixed Vegetables Beets Banana</p>	
	<p>23</p> <p>B.B. Q. Chicken Broccoli Beets WG Roll Orange</p>	<p>24</p> <p>Beef Taco Lettuce/Tomato/Cheese Refried Beans Corn WG Tortilla Pineapple</p>	<p>25</p> <p>Pork Tenderloin Sweet Potatoes Lima Beans WG Bun Pears</p>	<p>26</p> <p>Beef & Gravy WG Rice Green Beans Cauliflower Pineapple</p>	<p>27</p> <p>Shrimp & Grits Peas Carrots WG Roll Banana</p>	
	<p>30</p> <p>Chicken Patty Green Beans Beets WG Bun Apple</p>					