

Neighborhood House 309-674-1131

OCTOBER 2024

(Meals are subject to change)

	Mon	Tue	Wed	Thu	Fri	
<p>Milk is included in all meals</p> <p>Meal Components</p> <ul style="list-style-type: none"> • 3 oz. serving meat /protein • 1 1/2 cups vegetable and/or fruit • 2 servings grain • 8oz low fat milk <p>Guests/Private Pay \$8.00</p> <p>Recommended Donation for Home Delivery & Congregate Programs \$5.00</p>		<p>1</p> <p>Lemon Chicken Cauliflower Carrots WG Roll Pears</p>	<p>2</p> <p>Hot Dog Baked Beans Mixed Vegetables WG Bun Peaches</p>	<p>3</p> <p>Omelet French Toast Stewed Tomatoes Broccoli Applesauce</p>	<p>4</p> <p>Fish Patty Peas Corn WG Bun Banana</p>	<p>Tremont</p> <p>Hopedale</p> <p>Leisure Acres</p>
	<p>7</p> <p>Hamburger Patty Cauliflower Beets WG Bun Orange</p>	<p>8</p> <p>Chicken Parmesan Broccoli Corn WG Roll Pineapple</p>	<p>9</p> <p>Sloppy Joe Tater Tots Mixed vegetables WG Bun Peaches</p>	<p>10</p> <p>Chicken Nuggets Cauliflower Lima Beans Pears</p>	<p>11</p> <p>Ham & Beans Corn Bread Green beans Carrots Banana</p>	
	<p>14</p> <p>Pulled Pork Sweet Potatoes Brussel Sprouts WG Bun Apple</p>	<p>15</p> <p>Meatball Marinara Green Beans Beets WG Bun Peaches</p>	<p>16</p> <p>B.B. Q. Chicken Broccoli Cauliflower WG Roll Mandarin Oranges</p>	<p>17</p> <p>Beef Tenderloin Lima Beans Peas WG Bun Pineapple</p>	<p>18</p> <p>Polish Sausage Sauer Kraut Carrots WG Bun Banana</p>	
	<p>21</p> <p>Pork Tenderloin Broccoli Cauliflower WG Bun Orange</p>	<p>22</p> <p>Chicken Taco Lettuce/Tomato/Cheese Black Beans Corn WG Tortilla Tropical Fruit</p>	<p>23</p> <p>B.B.Q. Meatball Peas Carrots WG Bun Pears</p>	<p>24</p> <p>Chicken Tenders Mashed Potatoes/Gravy Green beans Beets Peaches</p>	<p>25</p> <p>Sausage Patty WG Bagel Stewed Tomatoes Lima Beans Banana</p>	
	<p>28</p> <p>Chicken Patty Green eans Beets WG Bun Apple</p>	<p>29</p> <p>Beef Taco Lettuce/Tomato/Cheese Refried Beans Corn WG Tortilla Pineapple</p>	<p>30</p> <p>Pork Riblet Sweet Potatoes Lima Beans WG Bun Peaches</p>	<p>31</p> <p>Chicken & Gravy WG Noodles Broccoli Carrots WG Roll Mandarin Oranges</p>		