

Neighborhood House 309-674-1131

FEBRUARY 2025

(Meals are subject to change)

Mon

Tue

Wed

Thu

Fri

<p>Milk is included in all meals</p> <p>Meal Components</p> <ul style="list-style-type: none"> • 3 oz. serving meat /protein • 1 1/2 cups vegetable and/or fruit • 2 servings grain • 8oz low fat milk <p>Guests/Private Pay \$8.00</p> <p>Recommended Donation for Home Delivery & Congregate Programs \$5.00</p>	<p>3 Hamburger Patty Green Beans Beets WG Bun Orange</p>	<p>4 Lemon Chicken Cauliflower Broccoli WG Roll Pineapple</p>	<p>5 Hot Dog Baked Beans Corn WG Bun Peaches</p>	<p>6 Cheese Omelet French Toast Stewed Tomatoes Mixed Vegetables Applesauce</p>	<p>7 Fish Patty Peas Carrots WG Bun Banana</p>	<p>Tremont</p> <p>Hopedale</p> <p>Leisure Acres</p> <p>South Side Manor</p> <p>Heartland Apts.</p> <p>Sterling Towers</p> <p>Pierce Community Center</p>
	<p>10 B.B. Q. Meatballs Broccoli Carrots WG Bun Apple</p>	<p>11 Chicken Parmesan Green Beans Corn WG Roll Mandarin Oranges</p>	<p>12 Pulled Pork Sweet Potatoes Mixed Vegetables WG Bun Pineapple</p>	<p>13 Chicken Nuggets Broccoli Cauliflower Pears</p>	<p>14 Sloppy Joe Lima Beans Beets WG Bun Banana</p>	
	<p>17 Pork Riblet Cauliflower Peas WG Bun Orange</p>	<p>18 Chicken Taco Lettuce/Tomato/Cheese Black Beans Corn WG Tortilla Tropical Fruit</p>	<p>19 Meatball Marinara Green Beans Carrots WG Bun Pineapple</p>	<p>20 Sausage Patty WG English Muffin Stewed Tomatoes Peas Applesauce</p>	<p>21 Chicken Tenders Mashed Potatoes/Gravy Mixed Vegetables Lima Beans Banana</p>	
	<p>24 Chicken Patty Green Beans Beets WG Bun Apple</p>	<p>25 Beef Taco Lettuce/Tomato/Cheese Refried Beans Corn WG Tortilla Pears</p>	<p>26 B.B.Q. Chicken Peas Cauliflower WG Roll Peaches</p>	<p>27 Pork Tenderloin Sweet Potatoes Broccoli WG Bun Pineapple</p>	<p>28 Beef & Gravy WG Noodles Lima Beans Carrots Banana</p>	